

FEBRUARY 2012 - KETTLEBELL SCHEDULE

SUN	MON	TUES	WED	THURS	FRI	SAT
			2/1 6:30p	2/2	2/3	2/4
2/5	2/6 5:30p *6:30p	2/7	2/8 6:30p	2/9	2/10	2/11
2/12	2/13 5:30p *6:30p	2/14	2/15 6:30p	2/16	2/17	2/18
2/19	2/20 5:30p *6:30p	2/21	2/22 6:30p	2/23	2/24	2/25
2/26	2/27 5:30p *6:30p	2/28	Classes marked with an * are BEGINNER classes. All other classes are INTERMEDIATE in level.			

This is a Specialty Class offered by an outside instructor. All Kettlebell classes have a \$ 10 fee/class. Here's all the "need to know" information!

- Classes marked with an (*) are dedicated BEGINNER classes. All other classes are considered INTERMEDIATE. Participants must attend a BEGINNER class prior to attending an INTERMEDIATE class.
- Please pay the \$ 10 @ the front desk & take your receipt with you to the class & give it to the instructor. You must have a receipt to attend class.
- A Punch card is available and recommended for those attending class on a regular basis. 10 classes/\$ 50 (= \$ 5/class). Please purchase from the instructor.
- Class size is limited due to safety, space & equipment.
- Reserve your space @ the front desk by calling 806-788-5500.
- Drop-ins are welcome as space is available.

For more information please contact: Alan Martin

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